



Resolution Economic and Social Council/I.1

Economic and Social Council Committee

Co-sponsors: Islamic Republic of Afghanistan, Federative Republic of Brazil, Kingdom of Cambodia, Republic of Costa Rica, Republic of Cuba, Kingdom of Denmark, Republic of Ecuador, Arab Republic of Egypt, Republic of El Salvador, Republic of Finland, Republic of Iceland, Republic of Indonesia, Republic of the Union of Myanmar, Republic of Peru, Kingdom of Saudi Arabia, Swiss Confederation, United Kingdom of Great Britain and Northern Ireland

Topic: Improving Youth Well-being and Mental Health

Taking into consideration that children are suffering from mental health issues because of poverty, child abuse, family separation, cyber bullying, poor education, and stress at school,

Noting with regret that children in refugee camps are getting separated from their families, and because of this, they cannot afford proper education and suffer from worsening mental health,

Recognizing that some children can't afford mental healthcare and don't feel comfortable talking about their feelings,

Noting that children that participate in illegal gangs can be affected in a negative way
approving free mental healthcare so children stop inflicting self-harm,

Mental Health Support and Violence Prevention

1. Calls upon less expensive education and mental health treatments for those who need it;
2. Designates free calming after-school activities;

Healthcare Support

3. Recommends that we have proper support and healthcare for children's mental health;
4. Strongly encourages counseling sessions for children with mental illness;
5. Emphasizes affordable mental and physical healthcare;
6. Notes the W.H.O. regulates the facilitation and free distribution of vaccines in places that don't already have it;
7. Advises posting safe social media to spread the word for sustainable healthcare;

Equality in Education Systems and Equal Rights

8. Advises teachers to educate students and parents about the dangers of child separation and child abuse which can lead to bad mental health;
9. Encourages countries to improve teacher training and teacher salaries to improve mental health;
10. Encourages more funding for reliable and safe orphanages across the world;

Mental health safety in family relationships

11. Draws attention to cyber bullying and to solve this problem, we will educate young adults on how to block cyber bullying so that they don't suffer from mental health issues;
12. Calls upon teachers and parents to spend more time with children.