



## Resolution Economic and Social Council/I.1

### Economic and Social Council Committee

**Co-sponsors:** Commonwealth of Australia, People's Republic of Bangladesh, Republic of Belarus, Belize, Central African Republic, Republic of Chile, Republic of Croatia, Dominican Republic, Republic of Ghana, Laos People's Democratic Republic, Republic of Honduras, Jamaica, Republic of Lesotho, Grand Duchy of Luxembourg, Republic of Madagascar, Republic of Malta, Kingdom of Morocco, Republic of Nicaragua, Republic of Poland, Republic of Portugal, State of Qatar, Republic of Tajikistan, United Kingdom of Great Britain and Northern Ireland

### Topic: Improving Youth Well-being and Mental Health

Recognizing that poverty affects an overwhelming amount of the world's population,

Believing that mental healthcare should be easily accessible and affordable for everyone including schools,

Deeply concerned by the fact that students are not receiving a complete education on the importance of mental health,

Deeply disturbed by the lack of funding for mental health care regarding the education system,

Deeply concerned by the fact that students may not be fully educated on the effects mental health can have on a person,

Taking into account that families under the national poverty line are more likely to have mental illnesses that can cause suicide,

Recognizing the need for mental facilities and support groups for youth struggling with mental illnesses,

Noting how poverty negatively affects the mental health of the youth,

Bearing mind how discrimination affects marginalized individuals' mental health,

Expressing the hope that all member states will take strides to provide mental health programs and therapies to their countries,

## **Mental Health and Facilities**

1. Calls upon financially stable countries to support the development of safe communities for youth struggling with trauma;
2. Further invites member states to teach healthcare workers about the importance of mental health programs and therapy to their countries;
3. Calls upon member states to collect data on the mental health of the vulnerable population;
4. Recommends that member states offer guidance counselors to those in need;
5. Endorses the creation of free online resources relating to mental health;
6. Notes the importance of peer support and asks member states to create programs including it;
7. Emphasizes the need to raise awareness of the importance and security of mental health conditions;

## **Mental Health Awareness Through Education**

8. Notes the importance of peer support and asks member states to divert military funding to create curriculums within the school systems;
9. Emphasizes the need for Social Emotional Learning (SEL) and inform educators to raise awareness of the importance and security of mental health conditions;
10. Endorses the creation of free online classes for educators to learn how to control situations;
11. Emphasizes the need for Social Emotional Learning (SEL) in schools to boost inclusivity as well as informed educators;
12. Encourages the education of different cultures, ethnicities, races, identities, etc.;
13. Calls upon scheduling classes for educators to learn how to control certain situations related to mental health;
14. Encourages educating students on inclusivity from a young age to prevent bullying;
15. Recommends to divert military funding to create curriculums within the school system to promote inclusivity;

## **Mental Health in Marginalized communities worldwide**

16. Further requests bringing awareness and educating more people on marginalized communities' struggles;
17. Encourages the support of small businesses owned by marginalized individuals, large non-profits and more profitable private businesses funded by the United Nations;
18. Calls upon member states to provide the small businesses with microgrants to help them flourish and further support and represent marginalized communities around the world;

## **Suicide Awareness**

19. Urges countries to fund therapy programs for low income areas;
20. Suggests that patients should be evaluated before refilling medications to prevent addiction and overdose;
21. Emphasizes that suicide hotlines and online resources should be improved and available for everyone.