



Resolution Economic and Social Council/I.I

Economic and Social Council Committee

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Topic: Improving Youth Well-being and Mental Health

Alarmed by the fact that millions of children are experiencing a sub-optimal education,

Deeply concerned that many children cannot go to school due to the fact that there aren't any schools in their area,

Emphasizing in certain countries that not everyone can afford proper healthcare,

Observing in certain countries some people can be bullied for being different and that can cause a severe amount of stress,

Noting with regret the increases in poverty, addiction, and other disparities for children,

Taking into consideration the need of countries, government, and NGO's,

Alarmed by the staggering number of suicides each year,

Keeping in mind that social media has its pros and cons, and social media can be depressing to some, but connects others,

Aware of the fact that social media can be depressing to some,

Alarmed by how adolescents are facing challenges because of social injustice, we need to work on having partnership and equitable access of needs for all adolescents,

Education

1. Welcomes changes that help create a safer school environment;
2. Calls upon schools to provide access to sports and other extracurricular activities;
3. Requests schools to hire mental health professionals according to further guidelines;
4. Encourages schools to raise awareness about mental health issues;
5. Recommends bi-monthly therapy sessions at school;

Healthcare

6. Considers having more therapists at schools;
7. Recommends access to necessary services and medicine such as therapy and mental hospitals;

Government & Lending

8. Strongly encourages governmental and informative programs to assist those struggling mentally;
9. Urges increased minimum wages to allow those in need to afford necessities;
10. Requests financial assistance from charities and NGOs to those unemployed;
11. Requests UN support so countries may support their citizens;
12. Suggests PSA's and fundraising for countries' government;
13. Recommends simpler access to necessary medications for children with mental/medical illness;
14. Encourages countries and NGOs to fund doctors and other needed professionals to further research in disease for children;

Social Media

15. Calls upon people to raise awareness through voice, posters, and campaigns;
16. Recommends donating money to government and mental health programs;
17. Encourages leaders to make others aware of negative social media affects through an advertising campaign;
18. Urges early detection and protection of harmful/hurtful comments and posts;
19. Suggests the UN to work with independent governments and countries.