



## Resolution Economic and Social Council/I.1

### Economic and Social Council Committee

**Co-sponsors:** Commonwealth of Australia, People's Republic of Bangladesh, Republic of Chile, People's Republic of China, Republic of Croatia, Republic of France, Republic of Ghana, Republic of Haiti, Republic of Indonesia, State of Israel, Hashemite Kingdom of Jordan, Republic of Madagascar, Kingdom of Morocco, Republic of the Niger, Islamic Republic of Pakistan, Republic of Poland, Slovak Republic, Republic of South Africa, Kingdom of Sweden

### Topic: Improving Youth Well-being and Mental Health

Taking note of the rise of youth suicide cases and depression rates around the world, and the low amount of recognition of people who suffer from trauma,

Bearing in mind the lack of mental health resources in schools and communities such as the absence of qualified psychiatrists, therapists, and guidance counselors,

### School Awareness and Global Funding

1. Calls upon qualified guidance counselors and therapists to institute frequent classes to educate youth on mental health subjects;
2. Encourages the United Nations to create and fund a branch that supports youth mental health worldwide;
3. Further invites the UN to encourage schools to provide training for teachers to become mental health counselors and check in with students when they notice signs of negative or declining mental health;
4. Further invites the UN to encourage schools to provide training for teachers to become mental health counselors and check in with students when they notice signs of negative or declining mental health;

### Suicide Prevention and Trauma Awareness

5. Requests nations to create affordable online resources to help mentally ill adolescents and educate people on the topic;

## **Remote Areas**

6. Invites countries as well as the UN to contribute funding to developing countries in remote areas to guarantee that there will be global action.