



MMUN 3-DAY SOUTHERN ITALY TOUR

DISCOVER ROMAN AND GREEK HISTORY IN THE SOUTHERN ITALY

Naples, Mt. Vesuvius, Pompeii and Paestum

MAY 30TH – JUNE 1ST, 2020



Montessori Model UN

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*MMUN is an NGO in Special Consultative Status
with the Economic and Social Council*

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MAY 30TH, 2020
1ST DAY

ROME – NAPLES – POMPEII

Meet your driver and assistant at 7.30 at your hotel in Rome.

*You will travel southwards taking the "Highway of the Sun" and cross the fertile Roman countryside seeing the medieval villages in the area known as "Castelli Romani". Along the way you will pass the **Abbey of Montecassino**, completely rebuilt after the 2nd world war. Upon your arrival in Naples you will meet your private guide for an exclusive guided walking tour in the historical center (3 hrs.). You will discover ancient Naples and its Greek walls dating back to the fourth century BC, medieval Naples, **Castel Nuovo** and **Castel dell'Ovo** and the magnificent churches of **Santa Maria la Nova** and the **Church dell'Incoronata**; Renaissance Naples and the beautiful churches of **Sant' Eligio Maggiore**, **Santa Caterina a Formiello**, **San Giovanni a Carbonara**, the **Basilica of San Francesco di Paola**, the **Church of San Ferdinando**, the **Church of Helmet** and the **Church of Santa Brigida**, the remains of the walls and the Aragonese. Also the Naples Renaissance palaces such as **Palazzo Sanfelice**, **Palazzo Carafa della Spina**, **Palazzo Corigliano** and the sumptuous royal palace that overlooks the central **Piazza del Plebiscito**. Continuing on, you can also admire the façade of the **Teatro San Carlo**. Lunch on your own with free time at your disposal.*

*After your lunch break you will continue with the visit of the **Naples Underground** for an exciting experience of discovering another city under your feet! The stairs will let you go down for Forty meters below the lively streets of the Historic Center of Naples...where you will find a different world, unexplored, isolated by time, but deeply connected with the world above. It's the heart of Naples, and the place from which the city was born! At the end of the visit you will proceed to **Pompeii**.*

Check-in at the hotel and have free time to relax and eat dinner. Overnight at the Hotel.



MAY 31ST, 2020
2ND DAY

POMPEII – MR. VESUVIOUS- POMPEII

Breakfast at the hotel.

At 8.30 meet your driver and assistant who will take you to the little town of Torre del Greco, from where you will reach Vesuvius National Park for a walk of around 45 minutes up the crater at 1200 meters. An exhilarating experience, from the top of the Volcano crater you will have a complete view of the Gulf of Naples and beautiful Capri. A volcanological guide will accompany you for the first part of the route explaining the origins of the dramatic eruption that destroyed Pompeii up to the present state.

There will be an optional visit with lunch in a Winery in the Vesuvius National Park or you will have free time at your disposal. Return to Pompeii.

At 16.30 you will meet your private guide to discover the Archeological sight of Pompeii. After 1700 years, the excavations have brought to light Pompeii, a town whose daily life of the Imperial Age has been crystallized, as if under a spell, in its gestures, secrets, and in the panic felt by its inhabitants during the last moments. A tour to discover the ancient Roman town buried by the ashes after eruption of Vesuvio in 79B.C., a unique experience to learn the art, history and habits of Ancient civilizations.

At the end of the visit you will reach the restaurant to join a Pizza Class, a wonderful terrace just in front the Pompeii Excavations of a lifetime. The Pizza class is an experience you will learn all the secrets of how make the perfect pizza... tasting it once baked, for the enjoyment of everyone!

Overnight at the Hotel.



JUNE 1ST, 2020
3RD DAY
POMPEII - PAESTUM - ROME

Breakfast at the Hotel and check out.

*Departure will be at 8.00 to reach Paestum, you will arrive after 1 hour and half. This is the area where the “Mozzarella di Bufala” is made and distributed all over Italy! First stop will be at the **Mozzarella di Bufala Farm Tour**.*

The first part of the visit will take place outside the factory (it is not possible to enter due to hygiene issues) but the entire manufacturing process will be explained in detail: starting with the milk curd until you get to the last act, cutting off the product; the explanation is accompanied by some images of the work. Everything inside can be seen from a small window or from the front door. The second part of the visit is dedicated to the breeding of the buffalo and calves. You will hear about what they eat, how long they live, the period of gestation and lactation, etc. The staff will be at the student’s disposal for any questions, insights and curiosity.

*At the end of the visit you will test the exquisite products made by the farm for an amazing fresh lunch! After lunch you will meet your private guide to discover the **Greek Temples**.*

*An unforgettable journey through the history, in Paestum these are the best-preserved Temples in the world! The central temple at least 30 years older than the Parthenon of the Acropolis of Athens. The Temples here have not been rebuilt; they dominate the area as they were built by the Greeks! The visit will continue with the **Museums of Paestum** to discover the treasures found during archaeological excavations to learn more about the Greeks and their way of life. At the end of the visit, return to Rome, and the tour comes to a close.*



TOUR PRICING

*3 Star Hotel 599 € per person
based on double occupancy*

*4 star hotel 699 € per person
based on double occupancy*

The price includes:

- *2 nights in Pompeii with breakfast included*
- *Bus as per the itinerary, bus permits and parking*
- *Tour assistant from the first day in Rome to the third day*
- *Walking tour with professional English Speaking guide in Naples (3 hrs.)*
- *Walking tour with professional English Speaking guide in Pompeii (3 hrs.)*
- *Walking tour with professional English Speaking guide in Paestum (3 hrs.)*
- *Naples underground tour (2 hrs.)*
- *Pizza Class (2 hrs.) with dinner including: Pizza class, pizza testing, fresh orange juice upon arrival, dessert, soft drink, water*
- *Mozzarella di Bufala farm tour with lunch includes Mozzarella, Ricotta Cheese, Fresella hard bread with cherry tomatoes, First course Ravioli and Fusilli Cilentani with Tomato from Vesuvio , Wood-fired bread, Water*
- *Earphones for the visit where needed*
- *Entrance Fees*: National Park Vesuvius, Pompeii Excavation, Paestum Temples and Paestum Museum, Underground Naples*
- *Customized itinerary*
- *Agency assistance*

The price does not include:

- *Overnight tax*
- *Any meals not indicated as included*

Please note that all tours are for 20 person minimum.

Contact raphael@montessori-mun.org for any groups less than 20.