



MAP YOUR HEARTBREAK MAP YOUR IMPACT

PLEASE COMPLETE THE HEART

**ON THE LEFT SIDE,
DRAW OR WRITE
ALL THINGS THAT
BREAK YOUR HEART**

Such as people in your community who are homeless, impacts of climate change, pollution, etc.

**ON THE RIGHT SIDE, DRAW
OR WRITE ALL THE THINGS
THAT YOU ARE GOOD AT**

Such as speaking to others, writing, researching, drawing, singing etc. what are your talents, skills, and resources?



**DRAW OR WRITE
THE NAME OF
YOUR PROJECT**

**AROUND THE OUTSIDE
OF YOUR HEART DRAW
OR WRITE YOUR IDEAS,
BIG AND SMALL, FOR WAYS
TO RESOLVE THESE ISSUES.
EACH IDEA REPRESENTS A STEP
YOU CAN TAKE TO MAKE
A POSITIVE CHANGE.**

**HERE ARE A FEW QUESTIONS
TO GUIDE YOUR THINKING:**

Who are the specific people that need your help?

What are the everyday things that they do? What?

What are the biggest pain points that are the root causes of their problems, their unmet needs or their unfulfilled desires?