



**United Nations Children's Fund**

**Topic:** Childhood Obesity

**Co-Sponsors:** Bolivia, Bosnia and Herzegovina, Cambodia, Colombia, Cote d'Ivoire, Denmark, El Salvador, Fiji, Georgia, Ghana, Guyana, Kazakhstan, Libya, Morocco, Myanmar, Netherlands, Nicaragua, Norway, , Peru, Qatar, Serbia, Sierra Leone, Spain,

Tanzania, Uganda, United Arab Emirates and Zimbabwe.

The United Nations Children's Fund,

Recognizing that childhood obesity is not only a problem in developed countries, but also in countries that are developing,

Deeply concerned that obesity brings severe health problems such as heart disease, diabetes, stroke, bone disease and extreme emotional problems such as depression,

Alarmed by the increasing rate of childhood obesity throughout the world,

Noting with satisfaction the World Health Organization's actions and strategies for preventing childhood obesity,

1. Seeks sustainable solutions for eradicating childhood obesity on the local and national level;

## **Resolution UNICEF/ Section 2/ 1.1**

2. Urges the creation of jobs to farm healthy food thus increasing the amount of healthy foods, causing the price of the healthy foods to go down;
3. Requests that healthy items be available in food that is distributed to the public;
4. Recommends that governments encourage volunteers to educate people to recognize the risk of obesity and establish education programs through mass media, for the purpose of raising awareness on implications of obesity in children's health, social, and learning opportunities;
5. Recommends that public gardens be built in cities;
6. Encourages the placement of healthy foods in school cafeterias;
7. Emphasizes the role of education in the eradication of obesity;
8. Strongly suggests one hour of exercise per day;
9. Encourages countries to put taxes on junk foods;
10. Recommends reducing portion sizes for unhealthy foods; and
11. Requests the United Nations to publish more articles on eating, staying active, and exercising.